

GO Traveler Packing List

Ask yourself the following questions:

- What time of year am I traveling and what is the usual weather like?
- How long will I be there?
- Am I traveling by motor coach or plane (or both!)?
 - *If you're traveling by plane for less than 5 days we suggest only bringing a carry-on bag.*
- Do I get cold or warm easily?
 - IF - Spring or Fall - we recommend wearing layers
 - IF - Summer - have sunscreen protection and a good hat
 - IF - Winter - bring boots or good weather resistant shoes depending on your destination.

GO ED ADVICE - COMFORTABLE SHOES ARE THE MOST IMPORTANT THING FOR A SUCCESSFUL TRIP and pack light!

CLOTHES

- shirts/blouses/tops
- pairs pants/skirts / shorts
- pairs socks
- pairs undergarments
- long (lightweight) underwear
- swimsuit
- dark (cardigan) sweater
- rainwear (umbrella?)
- parka, coat, or equivalent
- long T-shirt or long sleeve shirt
- pajamas (fleece or flannel if cold)
- necktie, scarf, shawl, hairband, bandanna
- gloves / mittens
- sun hat / knitted cap, hat clip
- 1 pair dressy shoes
- 1 pair walking shoes/boots
- flip-flops or sandals
- belt/s

BAGS

- travel pack or shoulder bag
- daypack (fanny pack? purse?)
- luggage lock(s)

PERSONAL HYGIENE ITEMS

- toothbrush, cap, tooth cleaner, floss
- deodorant
- comb and/or hairbrush

PERSONAL HYGIENE ITEMS (OPTIONAL)

- shampoo, bar soap & container (*remember if flying only 3 x 100ml containers sealed in a zip-loc bag. Hotels do have shampoo and soap*)
- antibacterial wipes
- any prescription medication with original labels in container
- allergy medication
- epi pen
- diarrhea treatment of choice
- infection treatment of choice
- sunscreen, lip balm
- tweezers
- bandages (& other first aid)
- vitamins, necessary medications
- (collapsible) plastic water bottle & cup
- retainer, case
- glasses/lens cleaning cloth/supplies

DOCUMENTS

- Government issued ID, passport, visas, extra passport photos, vaccination certificates
- copies of important documents- **email a scanned copy to yourself as a backup**
- Travel tickets
- charge & ATM cards, cash
- security pouch [worn under clothes]

MISCELLANEOUS

- camera (lenses? flash? tripod? extra cards & batteries? charger? download adapter?)
- cellular telephone (charger?)
- travel computer (flash drive? power cord/adapters? network cable(s)?)
- inflatable travel pillow
- earplugs (sleep mask?)
- sleep sack (sleeping bag?)
- bivouac sack? blanket? tent?)
- sewing kit
- (Ziploc®) plastic bags, garbage bags
- repair tape (packing tape? glue?)
- pen(s), small notebook, glue stick
- maps, guidebooks, phrase books, Post-it® notes, restaurant lists, membership cards, business/calling cards, telephone access numbers
- reading material
- large envelopes [to mail things home]

